

TERM 1 - AT A GLANCE 2023

KINGSTON

MONDAY	9.30 - 10.30	Tai Chi (Limit 12)	Maureen Robinson	A1
	9.30 - 11.45	Art Studio	Self Managed	A2
	9.30 - 11.30	Mah Jong Ask Sue Blackwood	Self Managed	A3
	10.30 - 11.30	Welsh Beginners (Limit 8)	Bronwen Parr	A4
	11.00-12.00	French	Mary Ellen MacDonald	A1
	11.45 - 1.00	Book Chat (Limit 20)	Libbie Davies	A3
	1.30 - 2.30	Cryptic Crosswords Julie Gardam.	Self Managed	Off site
	12.00 - 1.00	Meditation	Self managed	A1
	12.15 - 1.15	Lit Bits	Mary Ellen MacDonald	A2
	1.30-2.30	Simple tai chai & Qi Gong (limit 12)	Carol Bessell	D Block
	1.30 - 2.30	Kaleidoscope	Various	A1
	1.30- 3.00	Welsh advanced (Limit 8)	Bronwen Parr	A4
TUESDAY	9.00 -	Bushwalking	Ron Krois & Peter Rowell	Field
	10.00 -11.00	Return of the Ancient Gods	Basil Sansom	A1
	10.00 -11.00	Have your Say	Keith Anderson	A2
	10.00 -11.00	Balance your Bones (Limit 12)	Sue Blackwood	A3
	11.15-12.15	Australian Travel	Albert Goede	A1
	11.30 -12.30	Playreading	Tony Nicholls	A2
	11.30 -12.30	A Question of Science	Richard Gardam	A3
	1.00- 3.00	Creative Writing (limit 12)	Annette Starik	A1
	1.00 - 3.00	Stitch, knit and chat (Limit 20)	Jaylene Seabrook	A2
	1.00- 2.00	Chairobics	Lyn Lowes	A3
	1.45 - 3.15	Circle Dancing	Kate Shaw	KB Hall
WEDNESDAY	10.00 -	Ramblers 1 Continuing members only	Carol, Wayne and Donna	Field
	10.00 -	Ramblers 2 Continuing members only	Julie Gardam	Field
	10.30-12.30	Strollers Continuing members only	Bob Muirhead	Field
THURSDAY	9.30 - 11.00	Advanced Cryptic Crosswords (Limit 8)	Cathie Lewis	A4
	9.30 - 10.30	Balance Your Bones (Limit 12)	Maureen Robinson	A3
	10.00-11.15	Flower Arranging	Helen Lindsay	Block C
	10.00-11.00	Nature in Art 5 wks 20 th April to 18 th May	Virginia Vaughan	A1
	10.00 -11.15	Latin, Continuing from 2021 (Limit 10)	Margaret Jacobs	A2
	11.00-12.00	Fit For Life	Lyn Lowes	A3
	11.30-12.30	Insights into the Justice System 3 wks March 9 – 23)	Rob White	A1
	11.30-12.30	Calligraphy	Christine Farmer	A2
	11.30-12.30	Simple Tai Chi and Qi Gong (Limit 12)	Carol Bessell	Block D
	1.00 -3.00	Bridge Club	Self Managed	A3
1.30 - 2.30	Poetry for Pleasure	Self Managed	A2	

WOODBIDGE

MONDAY	1.30 - 3.30	Words, Words, Words!	Self Managed	Westwinds
FRIDAY	10.30 11.30	Meditation	Margaret Jacobs	Woodbridge Church